

WWW.BOSTONAVENUEGRILLE.COM #WICKEDFIERCEFOOD

BREAKFAST

FIRST PLACE TOWER 15 EAST 5TH STREET, SUITE 150 TULSA, OKLAHOMA 74103 1-918-392-7171

BREAKFAST	
EGG & CHEESE ON A BISCUIT WITH SAUSAGE, BACON OR HAM CROISSANT ADD 0.35, BAGEL 0.49	\$3.19 \$3.69
CHICKEN BISCUIT	\$3.69
BREAKFAST BURRITO SCRAMBLED EGGS, RED AND GREEN BELL PEPPER, SAUSAGE, ROASTED POTATOES, AND AMERICAN CHEESE WRAPPED IN A FLOUR TORTILLA WITH SIDE OF SALSA	\$3.69
BREAKFAST QUESADILLA SCRAMBLED EGGS, RED AND GREEN BELL PEPPERS, SAUSAGE, PICO DE GALLO, AND SHREDDED CHEDDAR CHEESE IN A FLOUR TORTILLA AND TOASTED	\$3.89
HEALTHY START EGG WHITES, FRESH BABY SPINACH, SLICED TOMATO, TOPPED WITH WHITE CHEDDAR CHEESE ON WHEAT ENGLISH MUFFIN AND TOASTED ADD HAM OR TURKEY	\$3.89 \$1.00
BAGEL WITH CREAM CHEESE	\$2.89
SAUSAGE ROLL	\$2.89
FRESH FRUIT CUP	\$3.69
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YOGURT PARFAIT	\$3.49
BREAKFAST SCRAMBLE CHOICE OF SAUSAGE, BACON OR HAM WITH TWO SCRAMBLED EGGS AND CHEDDAR JACK CHEESE	\$3.89
-ADD TOPPING .50 EACH: MUSHROOM, TOMATO, GREEN ONION, PICO DE GALLO, BELL PEPPERS	
-SPINACH OR AVOCADO	\$0.75
-EGG WHITES -TWO SLICES OF TOAST	\$1.00 \$1.00
-SIDE BACON	\$1.50
LARGE CHIPS & SALSA	\$3.29
LARGE CHIPS & QUESO	\$5.99
SMALL QUESO	\$1.50
LARGE CHIPS & GUACAMOLE	\$5.99
SMALL GUACAMOLE	\$1.50
SIDE SALAD	\$2.75
SIDE SALSA	\$0.30
EXTRA DRESSING	\$0.30

- SALADS -ALL SALADS \$7.65 CAESAR SALAD
ROMAINE LETTUCE, FRESH ROASTED CHICKEN BREAST, SHAVED PARMESAN CHEESE,
ARTICHOKE HEARTS, CROUTONS, TOSSED WITH CAESAR DRESSING

WE PROUDLY BREW STARBUCKS COFFEES, TAZO HOT TEAS, CHINA

— SOUP -

ROMAINE LETTUCE, TURKEY BREAST, HAM, SHREDDED CHEDDAR JACK CHEESE, HARD BOILED EGGS, TOMATOES, CROUTONS, TOSSED WITH RANCH DRESSING

ROMAINE LETTUCE, FIELD GREENS, TENDER ROAST BEEF, TOASTED PISTACHIOS, CRANBERRIES, FRESH MUSHROOMS, TOSSED WITH BLEU CHEESE DRESSING AND TOPPED WITH

BOSTON'S SIGNATURE SALAD
ROMAINE LETTUCE, FIELD GREENS, FRESH ROASTED CHICKEN BREAST, BACON,
CRANBERRIES, APPLES, TOASTED WALNUTS TOMATOES, TOSSED WITH BALSAMIC DRESSING

Chicken Tortilla-Daily Soup of the day 1 or 2 Rotate daily

DR. PEPPER, SIERRA MIST, PINK LEMONADE

MIST ICED TEAS AND FRESH BREWED ICED TEAS

BOWL \$5.39

CUP \$3.29

CHEF SALAD

THE B&B SALAD

WITH FETA

QUESADILLA

MUSTARD

CHICKEN BRUSCHETTA

VEGGIE QUESADILLA

CRUMBLED BLEU CHEESE

TACO SALAD SHREDDED ICEBERG LETTUCE, CHOICE OF CHICKEN OR BEEF, TOMATOES, BLACK BEASALSA, CHEDDAR JACK CHEESE, HOMEMADE SOUTHWEST DRESSING AND TOPPED WITH TOMATOES, BLACK BEAN CORN TORTILLA CHIPS AND GUACAMOLE

COBB SALAD
ROMAINE LETTUCE, FRESH ROASTED CHICKEN BREAST, BACON, HARD BOILED EGGS,
TOMATOES, TOSSED WITH HONEY MUSTARD DRESSING AND TOPPED WITH BLEU CHEESE AND ASIAN SALAD
CABBAGE, ICEBERG LETTUCE, FRESH ROASTED CHICKEN BREAST, CARROTS, GREEN ONIONS, CANDIED ALMONDS, MANDARIN ORANGES, TOSSED WITH ASIAN DRESSING

STRAWBERRY FIELDS SALAD
FIELD GREENS, FRESH ROASTED CHICKEN BREAST, BACON, CANDIED ALMONDS,
FRESH STRAWBERRIES TOSSED WITH HONEY BALSAMIC DRESSING AND TOPPED

ALL SALADS AVAILABLE AS A WRAP FOR ADDITIONAL \$2.00 SERVED WITH CHOICE OF CHIPS & SALSA. BAG OF CHIPS. POTATO SALAD FROM THE BORDER

ALL ITEMS \$7.65 SERVED WITH CHIPS AND SALSA BOSTON'S BURRITO
OUR OWN MARINATED CHICKEN AND BEEF, BLACK BEANS, CILANTRO SEASONED RICE, PICO DE GALLO, LETTUCE, QUESO BLANCO, CHEDDAR JACK CHEESE, WITH SOUR CREAM WRAPPED IN A FRESH HOT TORTILLA

TWO TACOS
TWO SOFT TACOS WITH YOUR CHOICE OF MARINATED CHICKEN OR BEEF, TOPPED WITH
LETTUCE, PICO DE GALLO AND FINISHED WITH CHEDDAR AND JACK CHEESE - ADD A THIRD
TACO FOR JUST \$2.75

BLACK BEANS, MUSHROOMS, PICO DE GALLO WITH CHEDDAR AND JACK CHEESES, TOASTED IN

Choose any 2 of 4

-SANDWICHES-ALL ITEMS \$7.65 \$7.83 Cup of Soup

Chicken or Beef Taco

CHOICE OF OUR OWN MARINATED CHICKEN OR BEEF, MUSHROOMS, PICO DE GALLO AND

A FRESH TORTILLA CHICKEN NACHOS TORTILLA CHIPS, TOPPED WITH MARINATED CHICKEN, BLACK BEANS, PICO DE GALLO, AND FINSIHED WITH WHITE QUESO

Any ½ Salad

CHEDDAR JACK CHEESE, TOASTED IN A FRESH HOT TORTILLA

SERVED HOT ON A TOASTED WHEAT HOAGIE WITH CHIPS AND SALSA OR ASK TO SUBSTITUTE FOR POTATO CHIPS OR BAKED POTATO SALAD HOT HAM & CHEDDAR HAM, CHEDDAR CHEESE, LETTUCE, TOMATO, SHAVED RED ONION AND HOUSE MADE SUN-DRIED TOMATO MAYO CLASSIC TURKEY & SWISS
ROASTED TURKEY, SWISS CHEESE, BACON, LETTUCE, TOMATO, RED ONION AND SWEET HONEY

 $\it TURKEY\ \&\ GUACAMOLE$ ROASTED TURKEY, CHEDDAR CHEESE, LETTUCE, TOMATO AND FRESH GUACAMOLE

½ Chicken Salad Sandwich

SHAVED ROAST BEEF & CHEDDAR ROAST BEEF, CHEDDAR CHEESE, LETTUCE, TOMATO, SHAVED RED ONION AND CREAMY HORSERADISH SAUCE *HOT PASTRAMI* GENEROUS PORTION OF PASTRAMI, SWISS CHEESE AND SEIKEL'S OKLAHOMA GOLD MUSTARD ON THICK TOASTED MARBLED RYE

TRADITIONAL CLUB
HAM, TURKEY, CHEDDAR CHEESE, BACON, LETTUCE, TOMATO, SHAVED RED ONION AND MAYONNAISE

LETTUCE, TOMATO, ON TOASTED WHEAT BERRY BREAD THE CUBAN SMOKED PULLED PORK, HAM, SWISS CHEESE, PEPPEROCINIS, PICKLE RELISH, SHAVED RED ONION, AND DIJONNAISE DRESSING

SHAVED PASTRAMI, SWISS CHEESE, SAUERKRAUT AND 1,000 ISLAND DRESSING ON THICK TOASTED MARBLED RYE

BRUSCHETTA, PESTO MAYO THE ITALIAN SOUTHWEST TURKEY PITA
ROASTED TURKEY, BLACK BEAN & CORN SALSA, CHEDDAR JACK CHEESE,

SOUTHWEST RANCH, TOASTED ON PITA

BOSTON'S SIGNATURE CHICKEN SALAD FRESH ROASTED CHICKEN BREAST, TOASTED WALNUTS, CRANBERRIES, MAYONNAISE,

REUBEN

SALAMI, HAM, PROVOLONE, PEPPERONCINI, LETTUCE, TOMATO, ITALIAN DRESSING

FRESH ROASTED CHICKEN BREAST, SHAVED PARMESAN CHEESE, FRESH TOMATO AND BASIL

*ALL SANDWICHES AVAILABLE IN A WRAP OR GLUTEN FREE BREAD +\$2.00